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CHILD, FAMILY SUPPORT & COUNSELLING

ANNUAL REPORT

2018

Putting Children First
Helping families build positive futures

CHAIRPERSON'S REPORT



It is a pleasure to present the 28th Annual Report on behalf of the Board of ACROSS Te Kotahitanga O Te Wairua.

The AGM provides an excellent opportunity to acknowledge

first and foremost the contributions of our hard-working staff in meeting our core focus of 'putting children first' and 'helping families build positive futures' within our community. Without their dedication and commitment our ability to deliver on our objectives would not be possible. Through the year we have had people leave the ACROSS family and I would like to acknowledge their contributions. However, with resignations and ending of contracts comes the opportunities to employ new staff to reinvigorate the organisation. We extend a welcome to all those new staff. Rose Allan, ACROSS counsellor, received a Life Keepers award in Christchurch for her work in suicide prevention and this reflects well on both Rose and our organisation. Graeme, thank you for your ongoing support and leadership of ACROSS. Your ability to lead this organisation in a positive and proactive manner ensures it can deliver outcomes consistent with our vision.

Graeme has also continued to facilitate the cross-organisational co-operation in the social sector and ensured that areas of funding and streamlining processes for our clients is maximised. Graeme's continued advocacy in the social sector on our behalf along with his personal contribution to the ongoing shaping of social policy cannot be understated.

Consistent with our mission we have continued to deliver a range of programmes with good success. As a reflection of how well received our programmes are, many of our programmes are oversubscribed with referrals exceeding places available. With respect to funding, we have re-

signed contracts with our providers, with Oranga Tamariki securing financial support for the next three years.

As with any organisation there are people external to direct employees critical to running a successful enterprise, to Peter Horgan chair of the monthly finance committee and who prepares our accounts, Darryl Pinny our auditor and Grant O'Donnell our lawyer we also extend our gratitude.

To facilitate continuity of governance there have been some changes during the past twelve months with John Mills and Max Tregonning replacing Rosie Dell and Alice Williamson respectively. Adrian Broad, one of our community representatives, also resigned during this past year. Thank you, Rosie, Alice and Adrian, for your significant contributions over the past few years. We also welcome Kathleen Field as a replacement for Tony Murphy at this AGM and thank him for his contributions over several years. The ongoing support of our communities' parishes is also acknowledged. Thanks are also extended to other current board members Paul Darbyshire, Angela Harper and Liam Greer, and to our minute secretary Ingrid Vlieg.

ACROSS is the culmination and a celebration of the efforts of so many individuals, both currently and historically, without whom we could not put our children first and help families build positive futures. The vision set in place some 28 years ago continues to flourish and to provide much needed support. As Chairperson I thank you all.

Mary Sutton.

Chairperson

"There is no greater joy nor greater reward than to make a fundamental difference in someone's life."

Mary Rose McGeady

DIRECTOR'S REPORT



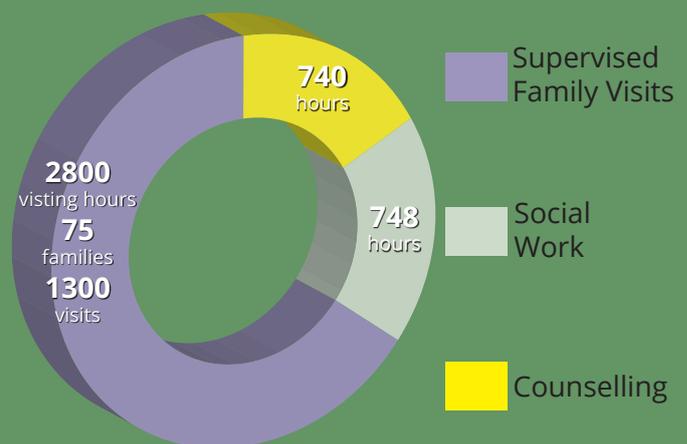
Looking over previous year's annual reports I noted in our 2008 report (10 years ago) we were talking about investing in the work we do.

Ten years on we have a lot better idea what that actually means. It means focusing on our vision and mission and putting those statements into action and responding to changing needs in the community. This sort of 'social investment' can have different interpretations. For us it means providing practical early intervention, doing what makes an immediate difference for people, so that as our new vision statement says, we are actually helping families build positive futures.

Practical early intervention is about supporting parents and family/whanau to identify the support they want and, with them, determining the difference that will make. Practical intervention is not about telling people their choices; it is about enabling people to do what works for them. In reviewing our strategic plan this year, the Board and staff worked on how those statements could be reflected in a set of values, for example, ensuring that;

- **The voice of families is at the centre of the help they receive.**
- **Services and programmes are strength-based and individualised.**
- **Support is freely and easily available, and purposeful.**
- **Understanding what makes a difference and showing evidence of effectiveness.**

The report this year includes, 'what we have done and how much we did', in the last year



Over **740** hours of counselling (including counselling with over 60 children and their families)

Over **780** hours of social work including home visits to families.

Supervised family visits-over **2,800** visiting hours with **75** families, totaling **1300** visits.



Triple P Positive Parenting programme-over 170 parents were enrolled in discussion groups on parenting issues provided by Triple P practitioners both from ACROSS and other community organisations; over **180 parents** received one:one support. (ACROSS holds a contract with MidCentral District Health to coordinate and deliver the Triple P programme for parents of 3-7 year olds throughout the DHB region, and support the training of other practitioners.)



The CALM children's anxiety eight week programme - for children aged 8-12 (and their parents/ caregivers) with around **25 children** attending four groups over the year.



SPACE (Supporting Children Alongside their Parents Education) programme, with new parents in Palmerston North and Feilding, with between 5-12 parents attending each of three groups offered throughout the year.



Incredible Years Parent programme – an intensive 16 week programme provided in the second part of 2017 with **16 parents** enrolled.



A support group for those bereaved by suicide meeting **twice a month**.



A programme for women experiencing postnatal depression- two groups met in the last year with **15 women** attending, groups meet over 10 weeks.



41 families participated in the Strengthening Families programme coordinated by ACROSS.





There have been significant changes in the services and programmes we have provided in the last 12 months. This reflects a continuing 'demand' for support for people where there are intensive, short-term 'wraparound' services available. Waitlists for some services in the community is an issue. We have initiated some work with other providers to address that gap.

Our membership (and leadership) of local networks has helped build those potential partnerships. Our involvement in national networks too, including Social Service Providers Aotearoa (SSPA) and NZ Council for Christian Social Services (NZCCSS) has helped us build our profile.

In last year's annual report we spoke at length about evaluation of our services and programmes; while it is simple to report on quantity, reporting on quality is more involved. We know though, that in 2017/18, using results based accountability (RBA) measures that over 90% of families achieved the goals they set for themselves. This includes understanding what

people experience when using our services and participating in our programmes-an example of which we presented in a poster at the Helping Families Change conference in Santa Rosa this year.

We acknowledge again our staff who contributed to the work we do. We have had a number of staff changes in the last year, Bee Dodunski and Feiona Fraser moved on from their roles after being with ACROSS for many years, we thank them again for their support of ACROSS over that time; Cheri Birch (social worker), Carolyne Jeanes (Triple P), Gill Stacy (Counsellor) also left to take up other positions. Other staff have joined us this year in both in full, part time and temporary positions – we welcomed Vicki, Rachel, Judi, Rochelle and Annelies. Our thanks too, to our Board and for the work of Alice Williamson who resigned from the Chairperson role during the year.

It is difficult, in one report, to summarise the highlights and significant events over the year, but of special note this year was the review of our strategic plan. The new plan is fundamentally different than previous plans because it captures what's at the core of our work, which is strengthening families by strengthening our own practice. This includes taking a positive view of the opportunity we have to help people change their lives for the better, putting children first and helping families build positive futures.



**FINANCIAL
STATEMENTS
YEAR ENDED
30 JUNE 2018**

Statement of Financial Performance	Actual This Year \$	Actual Last Year \$
Revenue		
Interest, dividends and other investment revenue	64,675	60,295
Donations, fundraising and other similar revenue	193,226	167,130
Revenue from providing goods or services	747,484	743,589
Other revenue	20,009	11,558
Total Revenue	1,025,394	982,572
Expenses		
Volunteer and employee related costs	663,476	720,726
Costs related to providing goods or services	217,775	235,515
Other expenses	48,168	41,527
Total Expenses	929,419	997,768
Surplus/(deficit) for the Year	95,975	(15,196)

Statement of Financial Position	Actual This Year \$	Actual Last Year \$
Assets		
Current Assets		
Bank accounts and cash	682,686	642,010
Debtors and prepayments	51,347	43,363
Inventory	-	-
Other current assets	-	-
Total Current Assets	734,033	685,373
Non-Current Assets		
Property, plant and equipment	69,824	58,459
Investments	80,000	80,000
Other non-current assets	163,568	163,568
Total Non-Current Assets	313,392	302,027
Total Assets	1,047,425	987,400
Liabilities		
Current Liabilities		
Creditors and accrued expenses	26,287	48,818
Employee costs payable	33,208	42,867
Unused donations and grants with conditions	52,002	55,762
Other current liabilities	-	-
Total Current Liabilities	111,497	147,447
Non-Current Liabilities		
Loans	-	-
Other non-current liabilities	-	-
Total Non-Current Liabilities	-	-
Total Liabilities	111,497	147,447
Total Assets less Total Liabilities (Net Assets)	935,928	839,953
Accumulated Funds		
Capital contributed by owners or members	794,660	794,660
Accumulated surpluses or (deficits)	141,268	45,293
Reserves	-	-
Total Accumulated Funds	935,928	839,953

ACKNOWLEDGEMENTS

We wish to thank all those who have supported our work in various ways over the last year, including;

ACROSS SUPPORTERS TRUST

PALMERSTON NORTH CATHOLIC DIOCESE

TINDALL FOUNDATION/ANGLICAN CARE NETWORK

MIDCENTRAL DISTRICT HEALTH BOARD

MINISTRY OF EDUCATION

NZ LOTTERY GRANTS BOARD

PALMERSTON NORTH CITY COUNCIL

MINISTRY OF SOCIAL DEVELOPMENT/ ORANGA TAMARIKI

DEPARTMENT OF INTERNAL AFFAIRS - COGS

MILVERTON TRUST

ANGLICAN PARISH OF ST PETER'S ANGLICAN

ANGLICAN PARISH OF ST MATTHEW'S

ANGLICAN PARISH OF ALL SAINTS

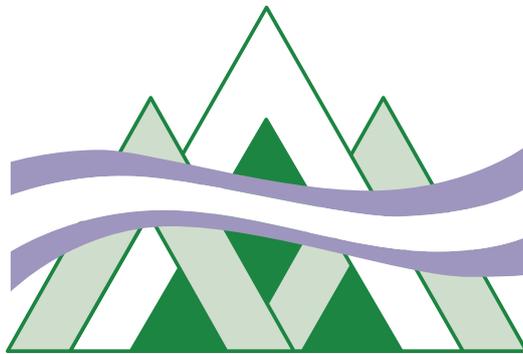
SOCIETY OF MARY

PALMERSTON NORTH COMMUNITY SERVICES COUNCIL

PAGE TRUST

TG MACARTHY TRUST

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